

Participation opportunities

Tick opportunities of interest :

<input type="checkbox"/>	Consumer Advisory Group
<input type="checkbox"/>	Carer Advisory Group
<input type="checkbox"/>	Policy development
<input type="checkbox"/>	Clinician recruitment
<input type="checkbox"/>	Clinician Training
<input type="checkbox"/>	Consumer information projects
<input type="checkbox"/>	Special (short term) projects
<input type="checkbox"/>	Activities and information
<input type="checkbox"/>	Support for carers
<input type="checkbox"/>	Evaluating services
<input type="checkbox"/>	Satisfaction surveys
<input type="checkbox"/>	STAR Beat Choir
<input type="checkbox"/>	Arts forums and activities
<input type="checkbox"/>	Mental Health Week planning
<input type="checkbox"/>	Newsletter articles
<input type="checkbox"/>	Indigenous Consultancy Group
<input type="checkbox"/>	Working/ Volunteering

Strong reasons make strong actions. William Shakespeare

Return to a Clinical Therapist, reception or by Post and we will contact you shortly.

Phone: 03 5561 9100
participate@swh.net.au

Mental Health Services
The Participation Team
Service Development and Support Unit
Koroit Street
Warrnambool 3280

Affix
Postage

South West 
Healthcare

**Mental Health
Services**



**Consumer and
Carer
Participation**

What is Participation?

South West Healthcare's Mental Health Service would like to include consumers, carers and the community during policy development, planning and in individual care and treatment decisions.

Participation is having your say. It is about voicing your beliefs and your opinion.

Participation occurs when consumers, carers and the community are meaningfully involved in decision making.

Opportunities for participation with South West Healthcare are available across the region including Camperdown, Hamilton, Portland, Warrnambool and surrounding regions.



Why Participate?

There is evidence that consumers and carers have better health outcomes when they participate. There is also evidence to support an improvement in quality of the care provided. Participation is also an important democratic right and ensures that the Mental Health Service is accountable for the services provided.

How to Participate

There are a number of ways to participate in Psychiatric Services. The best way to become involved is to return this brochure completed or to speak with any member of the Participation Team.

Some examples of participation activities include:

- Paid member of Consumer or Carer Advisory Groups
- Providing feedback to government on their policies and proposed changes to laws/regulations
- Forums and education sessions
- Choir, Arts or Activity based events

Consumers and carers who choose to participate will receive a regular newsletter of events. There is no cost involved and all activities are obligation free. The participation team will contact you shortly.



Register my interest in Participation

Please return this section to; your clinical therapist, reception or by post.

Name _____

Address _____

Phone _____

E-mail _____

Please contact by: phone / email / post (Circle)

I am/was a Consumer/Carer

Areas of healthcare I am interested in include:

- | | |
|--|---|
| Depression <input type="checkbox"/> | Schizophrenia <input type="checkbox"/> |
| Anxiety <input type="checkbox"/> | Bipolar <input type="checkbox"/> |
| Alcohol / Drugs <input type="checkbox"/> | Personality disorder <input type="checkbox"/> |
| Psychosis <input type="checkbox"/> | Men <input type="checkbox"/> |
| Women <input type="checkbox"/> | Youth <input type="checkbox"/> |

Other/Comment:

Please Turn Over