

WEARING A FACE MASK

How to put on your mask

1

Wash or gel your hands before putting on mask

An illustration showing a bar of soap being rubbed together with water, with an arrow pointing to a hand being washed under a stream of water.

2


Make sure mask covers your nose and mouth and fits snugly under your chin

NO GAPS!

An illustration of a person wearing a blue surgical mask. An arrow points to the mask with the text "NO GAPS!".

3

Wash or gel your hands once mask is in place

An illustration of a blue hand sanitizer bottle with a red cross on the front.

How to take off your mask

1

Wash or gel your hands

An illustration of hands being washed with blue soap suds.


2

Remove mask and place into general waste

An illustration of a blue surgical mask being thrown into a green trash bin.

3

Wash or gel your hands

An illustration of hands being washed with blue soap suds.