



#letstalktiming
www.everyweekcounts.com.au
www.womenandbabiesresearch.com



In partnership with



The University of Sydney | ABN 15 211 513 464

Women and Babies Research, Kolling Institute | Level 5, Douglas Building | Royal North Shore Hospital | St Leonards NSW 2065

© 2019 The University of Sydney

The information is provided for education and information purposes only. While the information is believed to be accurate at the time of writing, it is not intended in any way as a substitute for professional medical advice or treatment. If there are health complications, the timing of birth should be guided by your healthcare professional. The University of Sydney does not accept any liability for any injury, loss or damage incurred by use of or reliance on the information provided.

Our materials reflect current research recommendations at the time of publication.



EVERY WEEK COUNTS TOWARDS THE END OF PREGNANCY

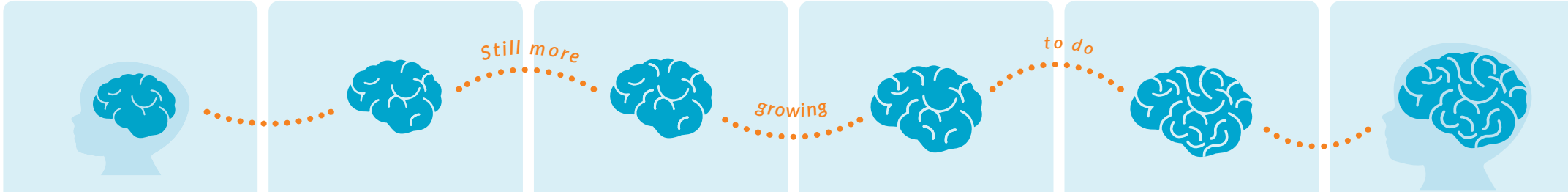
Through research we're discovering that every week your baby continues to grow inside you makes a difference to their short and long term health outcomes.

WEEKS' GESTATION



BABY'S BRAIN

A baby's brain at 35 weeks weighs only two-thirds of what it will weigh at 39-40 weeks



Brain development is responsible for learning, movement and coordination

BABY'S RISK AT BIRTH

Number of babies spending time in a special care baby unit



Babies are less likely to need specialised care for breathing and feeding difficulties when born closer to their due date

LEARNING DIFFICULTIES AT SCHOOL ENTRY



There is less risk of learning difficulties at school entry for babies born closer to their due date

STILLBIRTH

Per 10,000 ongoing single baby pregnancies*



The rate of stillbirth increases slightly towards 40 weeks, but remains very low

*NSW Perinatal Data

Every pregnancy is unique. The decision about the timing of your birth should be based on balancing health benefits to your baby with any risks specific to your pregnancy.